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| --- | --- | --- | --- | --- | --- | --- | --- |
| **PILOT** |  | **AIRCRAFT** |  | **REGISTRATION** |  | **DATE** |  |
| **FROM**  |  | **TO**  |  | **DISTANCE** |  | **FLIGHT TIME** |  |

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **FROM** | **TO** | **MSA** | **DIST** | **TAS** | **TRK (T)** | **W/V** | **HDG (T)** | **GS** | **VAR** | **HDG (M)** | **ALT** | **TIME** | **ETA** | **ATA** |
|  |  | **NAV START** |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **COMMS** | **FREQ** |
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| --- | --- |
| **FUEL** | **FUEL LOG** |
| L | R | DESTINATION |  |
|  | ALTERNATE |  |
| + 10% |  |
| 45 MINS |  |
| TOTAL REQUIRED |  |
| TOTAL CARRIED |  |
| ENDURANCE |  |

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| --- |
| **DEPARTURE DETAILS** |
| ATIS |  | **Departure Clearance:** |
| QNH |  |
| QFE |  |
| RUNWAY |  |
| WIND |  |
|  |  |
|  |  | **TAKE OFF TIME** |  |

|  |
| --- |
| **ARRIVAL DETAILS** |
| ATIS |  | **Arrival Clearance:** |
| QNH |  |
| QFE |  |
| RUNWAY |  |
| WIND |  |
|  |  |
|  |  | **ARRIVAL TIME** |  |

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| --- | --- | --- |
| **NAV** | **FREQ** | **IDENT** |
|  |  |  |
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